Sign Up Procedure:

1. Contact The UVI Wellness Center (693-1075)
   a. Contact Lorenzo Donastorg (693-1071) or ldonast1@uvi.edu
2. Inquire about Aerobics Challenge
3. Schedule a weigh in time (8:30am-7:00pm)
   a. You will be using our TANITA electric scale along with our Healthy Edge software
4. Sign registration form
5. Fill out a participation record
   a. This will include your name, start weight and end weight (your weight will be confidential)
6. Take all classes you can and WIN!!!!

SEE FITNESS HAPPEN
693-1075