Things You Can Talk to a Counselor About

Hopes, wishes, and dreams, School work/grades, Having a baby, Stress, Procrastination, Getting motivated, Fitting In, Fears, Birth Control, Getting along with people from other cultures, Adjustment to the University, Eating problems, Relationship with friends, roommates, and parents, Sexual concerns, Gay/lesbian issues, Shyness, Anxieties, Being assertive, Self-esteem, Self-confidence, Harassment, Depression, Learning disabilities, Loneliness, Homesickness, Suicidal feelings, Finances, Death of a significant other, Incest, Rape, Date rape, Stalking, Sexual assault, Drugs, HIV/AIDS, Abortion, Getting married, Getting divorce, Being adopted, Alcohol, Irritable feelings, physical problems, Work issues, domestic violence

Let’s Talk about It at the Counseling and Placement Center
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