Golden Key International Honour Society is the premiere honor society for outstanding students nationally and internationally. Golden Key members are highly regarded and sought after by many prestigious employers and institutions. Membership into this exclusive organization is by invitation only and limited to juniors, senior, and graduate students that have achieved a minimum cumulative grade point average (GPA) of a 3.3 or higher. Eligible members are encouraged to apply for annual scholarships totaling $1,000,000.

Who’s Who Among Students in American Universities and Colleges

For more than 76 years, Who’s Who Among Students has annually honored outstanding campus leaders for their scholastic and community achievements. Over 2,842 colleges and universities in the U.S. nominate students each year for this prestigious award. Generally, seniors are selected based on leadership ability displayed in the areas of scholastic aptitude, community service, and extracurricular activities. A student must have at least a 3.20 cumulative grade point average (GPA) or higher to be nominated for membership into this Program.

For further information contact:

St. Thomax Campus
Dahlia Stridiron
Counseling Supervisor
(340) 693 –1136
dstridi@live.uvi.edu
Roupp House
(Same building as Student Housing)

Albert A. Sheen Campus
Patricia Towal
Counseling Supervisor
(340) 692-4187
ptowal@uvi.edu
Melvin Evans Center, Room 721

Office Hours
Monday to Friday
8:30 a.m. to 4:30 p.m.

Where Do you Turn When You Need Support, Encouragement, Guidance, Someone to Listen?

University of the Virgin Islands
COUNSELING SERVICES

We listen… We care...
WHAT TO EXPECT IN YOUR FIRST SESSION AT COUNSELING SERVICES

A student’s first session at UVI Counseling Services is called an intake session. The first thing you will be asked to do is complete a Life History Questionnaire, and read and sign forms about confidentiality. You will be asked to complete the College Adjustment Scale (CAS), a questionnaire that gives us an idea of your most pressing concerns. The CAS takes about 15-20 minutes.

During your meeting with the counselor, you will have a chance to describe why you are seeking counseling. The counselor will ask you information about your present situation, important relationships in your life, your family background, and general health and self care. At the end of the intake session, you and the counselor will have identified some of the issues you want to work on.

LENGTH OF COUNSELING

Depending on the nature of the concern, counseling may be one session, short-term, or long-term. In some cases, a referral to a specialist may be required.

OVERVIEW OF SERVICES

The Counseling and Placement Department offers a variety of services to both full-time and part-time students attending UVI. The Counseling and Placement Center is located in Roupp House, 1st Floor.

The Counseling Center provides academic, personal, and group counseling, outreach presentations and consultations. Information is regarded with the strictest level of confidentiality.

PERSONAL COUNSELING

Students are encouraged to make appointments pertaining to issues of a personal nature. The Counselor is there to lend a “listening ear” to students who may be facing any kind of problem.

Frequent issues affecting college students include:

- Adjusting to college
- Money Management and Budgeting
- Family and Relationship Issues
- Depression
- Stress Management
- Alcohol and Substance use
- Decision Making
- Sexual Orientation

ACADEMIC COUNSELING

Counselors are available to assist students with test anxiety, time management, study skills, and test taking skills. Students are encouraged to get to know their faculty advisors and the staff in the Center for Student Success.

GROUP COUNSELING

Group counseling services are provided based on students’ needs. General support groups and special interest groups may be organized to provide the kind of atmosphere necessary for the students with similar concerns to be heard and helped.

Additional Services

National Student Exchange Program

The National Student Exchange Program is open to full-time undergraduate students that have a GPA of at least a 2.75 and who meet all the other requirements. Students can go on exchange during their sophomore or junior year. The Program gives students the opportunity to study for one year at one of the 200 colleges and universities in the U.S., Puerto Rico, Guam, and Canada. NSE participants have found their exchanges culturally enriching, academically rewarding, and one of the most significant experiences of their undergraduate education.